



The International Center for Emergency Management

REGISTER at www.fau.edu/savinglives

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Mental Health for Trauma and Resilience

TRAINING FOR FIRST RESPONDERS & LAW ENFORCEMENT

In partnership with the **International Collaboration on Trauma and Resilience (ICTR)**, the FAU International Center for Emergency Management is proud to welcome experts and leaders in the field of traumatology and resilience to train our community of EMTs, fire/rescue, first responders, law enforcement and SAR professionals on the Boca and Davie FAU campuses.

LOCATION	DATE	TIME	FEE
FAU Boca Campus	May 22, 2019	8:30 AM - 5:30 PM	\$250
FAU Davie Campus	May 23, 2019	8:30 AM - 5:30 PM	\$250

Survival Trauma and Coping
 Recognizing Trauma Reactions
 Building Resilience Overview
 Introduction to Biochemical, Psychological, Social, Spiritual Factors Leading to Anxiety, Stress
 Adaptive and Maladaptive Coping Behaviors

LUNCH

PTSD and Related Distress
 Trauma and Relationships
 Building Resilience - Trauma and Emotional Regulation
 Survivors and Intergenerational Perspective
 Neglect and Child Abuse
 Inter-racial Trauma
 Cultural Competency
 Refugees

BREAK

Moral Injury - Military
 Moral Injury - First Responders
 War and Terrorism
 Resilience
 Substance Abuse
 Helping the Helpers

Continuing Education Units: 0.8

Coffee, Lunch, Parking included

All materials emailed in advance

LIMITED SEATING TO ENSURE PERSONALIZED ENGAGEMENT

Mission of ICTR: alleviating the effects of trauma in individuals, families, communities, and entire societies, throughout the world, through treatment, education, research, and deployment of trained, mental health professionals.

