Mental Health for Trauma and Resilience

TRAINING FOR FIRST RESPONDERS & LAW ENFORCEMENT

In partnership with the International Collaboration on Trauma and Resilience (ICTR), the FAU International Center for Emergency Management is proud to welcome experts and leaders in the field of traumatology and resilience to train our community of EMTs, fire/rescue, first responders, law enforcement and SAR professionals on the Boca and Davie FAU campuses.

**LOCATION**

<table>
<thead>
<tr>
<th>Campus</th>
<th>Date</th>
<th>Time</th>
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<tbody>
<tr>
<td>FAU Boca Campus</td>
<td>May 22, 2019</td>
<td>8:30 AM - 5:30 PM</td>
<td>$250</td>
</tr>
<tr>
<td>FAU Davie Campus</td>
<td>May 23, 2019</td>
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Survival Trauma and Coping
Recognizing Trauma Reactions
Building Resilience Overview
Introduction to Biochemical, Psychological, Social, Spiritual Factors Leading to Anxiety, Stress
Adaptive and Maladaptive Coping Behaviors

**LUNCH**

PTSD and Related Distress
Trauma and Relationships
Building Resilience - Trauma and Emotional Regulation
Survivors and Intergenerational Perspective
Neglect and Child Abuse
Inter-racial Trauma
Cultural Competency
Refugees

**BREAK**

Moral Injury - Military
Moral Injury - First Responders
War and Terrorism
Resilience
Substance Abuse
Helping the Helpers

**Mission of ICTR:** alleviating the effects of trauma in individuals, families, communities, and entire societies, throughout the world, through treatment, education, research, and deployment of trained, mental health professionals.